



We provide specialist support, refuge and safe accommodation to anyone who has experienced domestic abuse. Our services are located in Lancashire, Bury and Oldham.

We offer non-judgmental advice and guidance that allows you to have an understanding of all the options available to you.

We are here for you, contact us today

How to make a referral

Referring to our services is easy & you can contact us directly or ask someone who is supporting you.

You can contact us by phone, email or on line chat.

Call: **0300 3033 581**
24hrs, 365 days a year

Email: **contact@safenet.org.uk**

Visit: **www.safenet.org.uk**

Lead Provider



On line chat

Need Someone to Talk To?
Visit **www.safenet.org.uk** for our on line chat support.

If you're a survivor of abuse, our online chat service is here to provide support, guidance, and a safe space to talk. You can chat anonymously if you prefer.

Our trained DA Practitioners are available to listen and help. Chat is available daily via our website at the following times:

- 10am to 12pm
- 2pm to 4pm
- 8pm to 10pm



 **safenet**
a calico group service

Domestic Abuse Support
& Safe Accommodation
Services

How we can help

Our services are inclusive to anyone experiencing domestic abuse

- Access to 24hr emergency Refuge accommodation for women and children
- Safe accommodation for male and non-binary survivors
- Community Outreach Support
- IDVA Services: High & Medium Risk
- Group work programmes
- On line chat - 7 days a week
- Phone support & 24 hr referrals call 0300 3033 581, 365 days a year
- Referrals to other agencies and specialist services.
- Multilingual services and support.
- Dedicated support and services for children in refuge and the community.

Safety Planning

A safety plan can help to keep you safe in an abusive situation

- Speak to people you can trust about what is happening
- Call Safenet and discuss your options & what we can do to help
- Always call 999 if you are in danger & if you feel frightened
- Keep your phone charged & on your person at all times
- Record incidents, assaults, threats etc.
- Log contacts by phone or texts
- Keep important phone numbers in a safe place
- If you are planning to leave do not inform your abuser(s)
- If it's safe to do so discuss safety with your child(ren)

Your safety matters

**Call us now for a chat to see how we can help -
0300 3033 581
24hrs a day, 365 days a year**

**If you are in immediate danger call 999
For non-emergency police enquiries call 101**



empowering survivors to live free from domestic violence and abuse

We are here

If you are in a relationship where you feel unsafe, unhappy and unhealthy, or have ended such a relationship and are still experiencing abuse, we can help. If anyone in your family or others that you know are abusing, controlling, harassing or violating you, we can support you to be safe. You don't have to deal with this alone.

**"I can't believe how much you've helped me. From the minute I rang up, you just believed me - I'd never had that before. I knew then you were good people and I'd be safe with you"
- Survivor voice**